

Mr David Lloyd

BMedSci (Tas) MBBS(Tas) FRACS(GenSurg)

Colorectal Surgeon & Colonoscopist

Provider No: 0650609L

56 Elphin Road, Launceston 7250
(No mail delivery to this address)

David Lloyd Colorectal Surgeon Pty Ltd
ABN 96 108 613 949

**Postal Address: PO Box 3103
Launceston
Tasmania 7250**

**Tel: (03) 6331 0717
Fax: (03) 6331 1117**

FLEXIBLE SIGMOIDOSCOPY PREPARATION FOR MORNING EXAMINATION

THE DAY BEFORE FLEXIBLE SIGMOIDOSCOPY:

Breakfast: Normal breakfast

Lunch: Normal lunch - (clear fluids after lunch)

Dinner: Clear fluids only (NO RED COLOURING)
Jelly (NOT RED)
Water based cordial or soft drink (NOT RED)
Black tea or coffee (NO MILK)
Clear fat free broth
Clear juice (NO PULP)

FASTING FROM 6.30a.m. or 2 hours prior to the procedure.

THE DAY OF FLEXIBLE SIGMOIDOSCOPY:

NO BREAKFAST - 2 ENEMAS ON ARRIVAL AT HOSPITAL

Blood thinners – Warfarin, Clopidogrel, Dabigatran etc. should be ceased before the procedure, on discussion with your Doctor or Mr Lloyd. Aspirin can continue to be taken.